



2019 Traverse City Track Club Bayshore Newsletter

THIRD EDITION

MAY, 2019

Welcome to the third edition of the 2019 Traverse City Track Club Bayshore Newsletter. This newsletter is meant to give you the latest and greatest news and information about the 2019 Bayshore races. Please take a few minutes to look over the information contained in this newsletter. It will answer many of the questions we receive about the race.



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## BIB NUMBERS

Bib numbers have been assigned and you can find yours [here](#) or on the “Registered Runners” page on our website. Please find your number before you arrive at the Playmakers Runner Expo / Packet Pick up. That will help to speed up the process.

## CHANGES

All of the race information has been sent to the timing company. Any changes in spelling, address, age, etc. will need to be taken care of at packet pick up. The deadline for transfers was April 30th. The t-shirts, medals, bibs, timing chips, and all of the other supplies it takes to put on a race have been delivered or ordered, the bibs have been assigned and the labels are being printed. We will be ready on race day and will see you then....happy training!

## BAYSHORE MERCHANDISE



We would like to welcome back Playmakers as a Bayshore sponsor and exclusive provider for official Bayshore merchandise. This merchandise is only available at Playmakers and their online store. To visit the online store click [here](#) to view their cool Bayshore items. Playmakers will also have Bayshore items for sale at the Playmakers Runner Expo / packet pick up.

Just a reminder, Playmaker's Up to 20 Mile Training Run is happening Saturday, May 4 beginning at 8am. This specific event is open to both Team Playmakers members and the public. We host the event in coordination with those preparing for Bayshore. For more details and to register for this free event click [here](#). Or visit the Facebook page [here](#).

## PASTA DINNER

There are a few remaining seats available for the Pasta Dinner at Friday night's packet pick up. If you did not already sign up for the Pasta Dinner sponsored by the Traverse City Central High Boys and Girls Track Team you can click [here](#) to register online.

Why drive all over town only to wait in long lines to carbo-load when you can pick up your packet and have a great meal all in the same area on Friday night.

## RACE BIB AND TIMING TAG

Follow these steps and you will get an Accurate Finish Time! Race number should be pinned, horizontally on the OUTSIDE of any jacket or clothing on the FRONT, below your chest and as close to the waist as possible. Water carriers or gel packs near the number can also affect the read. Wearing the number visibly on the front will insure a finish time even if the equipment fails using video back up. A visible bib will also help the sorting software find the pictures of you on the course and at the finish line.

## RESULTS

At this year's Bayshore Marathon we will be providing on course tracking of Marathon runners at the 5Mile, 10Mile, 13.1Mile, 16.2Mile, 21.2Mile and Half Marathon Runners at the 3.1Mile, 8.1Mile marks. 10K runners will not have on course tracking. You will be able to track your family and friends progress on your smartphone. Type in [www.rftiming.com/bayshore](http://www.rftiming.com/bayshore) or click [HERE](#) on your smartphone browser and enter their name or Race Number. Select their Results under their name to view their results or Track to watch their progress in the Race. You can follow multiple runners by searching for their Name/Race Number and selecting Track. For complete results, and more Live Tracking, click <http://rftiming.racetecresults.com/results.aspx?CId=16365&RId=4188> and enter runners name or bib number.

## MARATHON

The Marathon start time is 7:15AM. The Marathon start area is located on College Drive and will finish on the Traverse City Central High School Track. Please note that West College Drive will be closed to vehicle traffic on race day morning so please use East College Drive to access campus parking lots or better yet take one of the shuttle buses available from downtown or one of the area hotels. We will be sending the buses back out to area hotels to pick up spectators.

## HALF MARATHON

The Bayshore Half Marathon will start at 7:30AM.

Buses for the Half Marathon start will be loading from the East side of the Traverse City Central High School Parking lot between the Gym entrance (Packet Pick up entrance) and the tennis courts. The parking lot is located off of Eastern Ave.

The first bus will leave for the Half Marathon start area at 5:15AM with the last bus leaving at 6:15AM. The ride to the start area will take about ½ hour so runners should plan accordingly to allow themselves plenty of time to find a place to park and for warm-up, bagging warm-up clothing, and last minute bathroom breaks at the start area. We need to get 3500 runners to the start area and not everyone can take the last bus so please arrive early so that this process can go as smoothly as possible. Only registered runners in the Half Marathon will be allowed to board the buses. Runners must show their Half Marathon bibs before they will be allowed to board. Please have your bib visible or handy for the bus loading crew.

## HALF MARATHON START AREA PARKING PASSES

Parking passes for those half marathon participants who would like to drive their own vehicle to the half start area will remain on sale until May 22nd. For details on how the parking pass works click [here](#). To purchase a parking pass click [here](#). We are providing shuttle service from TCCHS to the Half Marathon Start Parking Area from 9:30am to noon.

## 10K

The 10K start time is 7:30AM. The 10K start area is located on College Drive (same as Marathon start) and will finish on the Traverse City Central High School Track. Please note that West College Drive will be closed to vehicle traffic on race day morning. Starting at 9am until noon.

## PLAYMAKERS RUNNER EXPO / PACKET PICK UP

The Playmakers Runner Expo / Packet Pick Up will be held at the Traverse City Central High School Gym from 5:00PM to 9:00PM on Friday night May 24th and Saturday (Race Day) from 5:00AM to 7:15AM. Please note that we will not be able to gain access to the Gym until after classes are excused. It takes a while for to set up everything and go over last minute details with our volunteers. Please do not arrive early and expect to pick up your packet they will not be ready. The busiest times are usually between 5:00 and 7:00PM on Friday night. If you have reserved your Pasta Dinner you may want to eat first and pick up your packet after dinner. The lines should be shorter.

Please check our map for directions to Packet Pick up click [here](#).

Note that the High School Gymnasium will be closed and locked immediately after packet pick up on Saturday morning. Please do not leave anything in the school, you will not be able to get it after the race.

## LODGING SHUTTLE BUSES

We will be providing shuttle buses from area hotels to the TCCHS and back. Shuttle Bus pickup times and stops are listed below. Those staying at other hotels can walk from their hotels to the stops listed. You are strongly encouraged to take advantage of this service; traffic around the high school is extremely heavy, parking is extremely limited and the whole area is extremely congested. You will have a much more enjoyable Start and Finish for your Bayshore by taking a bus!

RUNNERS: There will be a "straggler bus" run covering both west and east sides shortly after the initial pickup.

### WEST SIDE

Great Wolf Lodge: 4:55am

Baymont: 4:45am

West Bay Beach/Holiday Inn Resort: 5:10am

### EAST SIDE

Grand Traverse Resort & Spa including the Shores: 4:50am

Sleep Inn Suites: 4:50am  
Cherry Tree: 4:50am  
Pointes North: 4:50am  
Tamarack Lodge: 4:50am  
Grand Beach: 4:50am  
Days Inn & Suites: 4:50am  
The Beach Haus: 4:50am  
Park Shore Resort: 4:50am  
Traverse City State Park: 5:00am  
Red Roof Inn: 5:00am  
Country Inn and Suites 5:00am  
Mitchell Creek Inn: 5:00am

### **SPECTATORS:**

**PARENTS: Michigan state law requires all children under 3 years of age must be belted in a car seat that is fastened to the bus seat. Bring your car seat.**

### **WEST SIDE**

Great Wolf Lodge: 5:55am  
Baymont: 5:45am  
West Bay Beach/Holiday Inn Resort: 6:00am

### **EAST SIDE**

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Days Inn & Suites: 5:50am  
Beach Haus: 6:00am  
Park Shore Resort: 6:00am  
Traverse City State Park: 6:00am  
Red Roof Inn: 6:00am  
Country Inn and Suites: 6:00am  
Mitchell Creek Inn: 6:00am

## **RETURN SHUTTLES**

Return shuttles to area lodging begins at 9:30 AM by the tennis courts at Central High School. Last shuttle leaves CHS at Noon.

## **SPECTATORS**

All of the Bayshore races will finish on the Traverse City Central High School track. Only registered runners will be allowed inside the fence around the track. All family members and spectators must meet runners outside of the fence. There will be limited handicapped parking for vehicles with the appropriate hang tag or license plate available off of Milliken Dr. Volunteers will assist you. We do have a handicapped accessible bus available up to Gray

Rd. Please let Bayshore know ahead of time if possible if this service is needed.

**Spectator Buses: PARENTS: Michigan state law requires all children under 3 years of age must be belted in a car seat that is fastened to the bus seat. Bring your car seat.**

-6:45am for Gray Rd.

Load bus from driveway near Gym doors. This bus will run a continuous loop from TCCHS with no stops until 9:00am. Last bus leaves Gray Rd. at 10:30am to return to TCCHS. Watch for Gray Rd. tall sign indicating where to wait.

-7:30am for Bluewater Rd.

Load bus from driveway near west corner of the school. Watch for Bluewater tall sign indicating where to wait. This bus will run a continuous loop from TCCHS to Bluff Rd. Race Course until 9:00am. Last bus leaves Bluewater Rd. at 10:00am for TCCHS.

Strollers and pets of any kind are NOT permitted on buses. Service animals are welcome. A wheelchair accessible bus is available. Please let us know ahead of time by EMAIL if this is a need.

## RUNNER SAFETY

For the safety of runners, volunteers, and race staff, delays, postponements, or cancelation may occur due to weather. Every year we meet with local police and emergency workers and review our safety/security policies, if they suggest changes we implement them. Safety has been and always will be our greatest concern.

All bags are subject to search by the police. No bags are allowed in the infield area. Any bags left outside the "bag drop area" will be removed by race personal or police.

Grand Traverse County has instituted a CodeRED system. This system can be used to notify you of possible dangerous situations. To learn more about CodeRED click [here](#). To sign up for CodeRED click [here](#). To download the mobile alert app scan QR code below.

Download the CodeRED Mobile Alert app to receive free emergency, community and weather alerts on your phone

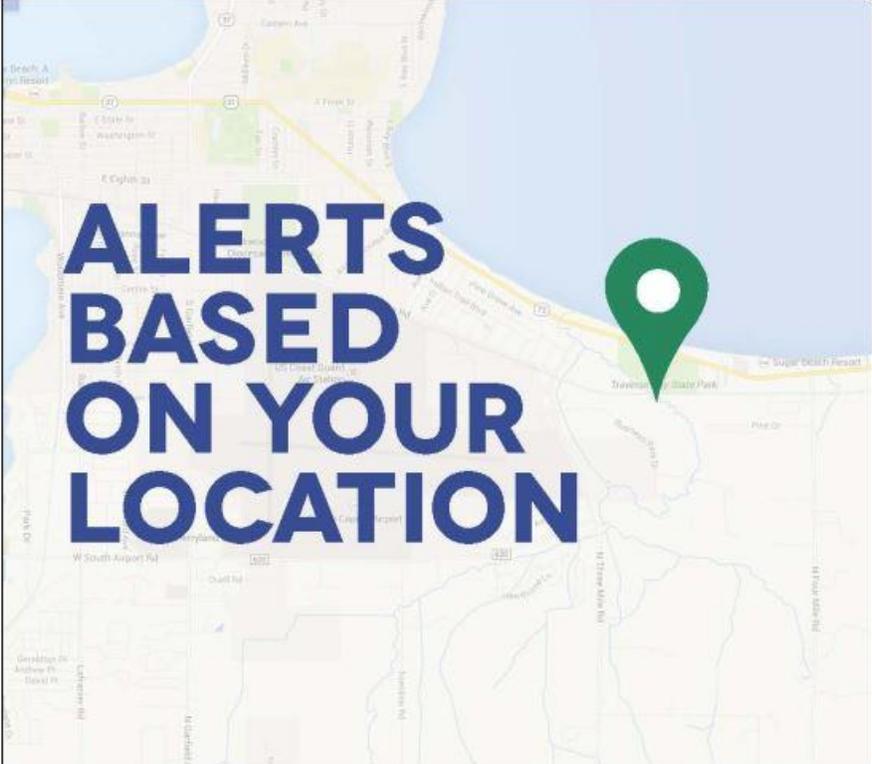
**CODE RED** Mobile Alert app

Available on the App Store

ANDROID APP ON Google play

ecnetwork.com/coderedmobilealert/

EMERGENCY MANAGEMENT  
Grand Traverse County  
HOMELAND SECURITY



**ALERTS  
BASED  
ON YOUR  
LOCATION**

CodeRED Mobile Alert is a safety app that provides important safety alerts directly on your smartphone based on your location.

Grand Traverse County Emergency Management & Homeland Security encourages you to download the app to stay safe and informed.

To sign up, visit us at [GrandTraverse.org](http://GrandTraverse.org).







## BANDITS

Bibs must be worn by the person who is registered because we need to be able to quickly and accurately identify any runner requiring medical assistance or otherwise needing help. In addition, age class and overall awards can be affected by a Bandit runner running with another runner's bib. Runners who decide not to follow the rules may be removed from the course and will not be allowed to enter Bayshore 2020.

## BAG DROP / DISCARDED CLOTHING

Bags will be available at packet pick up and near the start lines for Marathon, Half Marathon and 10K runners. Please make sure your bib number is printed on your bag (markers will be available). You can drop the bags at the designated area near the respective starts and they

will be waiting for you near the finish line. Please do not place any valuables in the bags. The Bayshore will not be responsible for lost or stolen items placed in the bags.

**Any apparel dropped along the course (including at aid stations) will be donated to local charities or recycled.** The only apparel we will keep after the event will be anything left in the bag drop area.

## REDUCE WASTE

Bay Area Recycling will be helping the Bayshore recycle the waste generated by the Bayshore at aid stations, start and finish areas. They will be collecting items such as cups, paper and plastic and recycling these items. Please use the containers available to help minimize our impact.

## 2019 SPONSORS



# MUNSON HEALTHCARE



tcbeaches.com



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Local Since 1933



## ADDITIONAL INFORMATION

Additional information can be found on our website on the [FAQ](#) page.

And Course Information [Page](#).

We will see you on the 25th.

